

# Seven Stories of Grief

Beccy is our Funeral & Families Manager, but her love for Granville's Wood goes beyond her working day. We are very grateful for her candid sharing.

## **Can you tell us about your loved ones?**

I think dealing with the grief of miscarriage is quite difficult. Our losses spanned from 6 - 15 weeks gestation, we had seven miscarriages. For us, from the moment I knew I was pregnant, they were our babies.

## **What about a woodland setting felt right to you?**

We move house quite often, so didn't want to plant a tree and then have to leave it. When I found out we could have a Memorial Tree at Granville's Wood it was perfect. We also have a family nook, it's great we can plant a tree in the place we will ultimately end up. Knowing there is somewhere my babies are commemorated and remembered has brought me a real sense of peace.

## **Do you have one helpful hint to share about how you've managed grief?**

I have found talking about my experience helps me comes to terms with the loss and I don't want to hide the fact that they existed.

Trying to have a sibling for our daughter was a massive part of our lives for years. It is important for us to remember that.

## **What do you feel the next year might bring in your grief, what are you hoping for?**

I hope to find birth announcements and being around babies easier. I have also taken part in some research studies, I'd like to improve the way women are teaching and how miscarriage is handled. Being given information to make informed choices is essential.

